



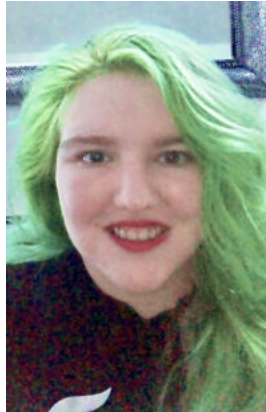
DAY 2 - Compassionate Youth Mental Health Zoom Discussions & Art Hosted by Compassionate San Diego with Partners

Understanding Autism and Connections to Health

SUNDAY, JANUARY 10, 2021
1:30 PM to 3:00 PM

COMPASSIONATE SAN DIEGO YOUTH AMBASSADOR and LEAD ARTIST

Madison Ross is a senior at San Marcos High School and the person with the creative idea to do this YOUTH MENTAL HEALTH SERIES. She is on the Autism Spectrum and has overcome obstacles both personal and educational.



She has worked to develop leadership and social skills promoting equality, gender, race and issues affecting disabled communities. Improving mental health and encouraging the

voice of students with disabilities, especially on LBGTG and POC issues are Madison's volunteer focus. She studied Criminal Justice in high school and often helps other youth understand their rights.

She has participated in 2 national projects, helping teach young students in an art camp in Atlanta and high school students use art to give a visual voice to issues of racism, school violence, gender, and LBGTQ issues in the collaborative *Posts for Peace And Justice* and *Compassionate Arts in Action Projects*.

She is on the *Compassionate San Diego Youth Ambassadors Council*, and interviewed many other youth on compassionate actions. She had the creative idea for a Mental Health Fair for Youth with Autism, ADHD, Depression, Anxiety, Racism and more.

"I want to expand on helping my community to make it a safer and more inclusive area for people of all backgrounds. I also want to help fix the school system to make it a more safe and desirable experience, and also to have more useful tools taught at school. These tools would greatly benefit those of us on the autism spectrum and also aid in our community understanding and accepting without judgement and prejudice."

COMPASSIONATE ADULT ALLY/SUCCESS COACHES

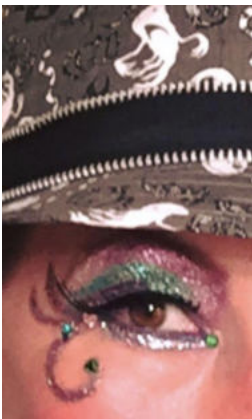


Dr. Temple Grandin is a world famous Autism Activist and named as one of the top ten college professors in the USA, and known for her lifelong work with animal behavior.

Dr. Grandin has been with Colorado State University (CSU) for over 25 years. Her life's work has been to understand her own autistic mind, and to share that knowledge with the world, aiding in the treatment of individuals with the condition.

Her understanding of the human mind has aided her in her work with animal behavior, and she is one of the most respected experts in both autism and animal behavior in the world.

Robin A. Williams, aka **Fairy Queen Flutterby** Performer is the Founder of *Autism Spectrum Disorders Supports* (ASDS) a nonprofit helping build health relationships, supporting those on the Spectrum.



Robin made history when she was the first Special Needs

adult to be approved by Fleishman/Hillard and the Olympic Committee as a journalist to cover the

Special Olympic World Games LA2015. This was a monumental moment for Robin because only a few years prior, she was ready to give up her life. But at age 42, when all seemed hopeless, she was diagnosed with Asperger's Syndrome.

Robin pays it forward by inspiring others to become their own heroes and save their life! She also teaches through the art of storytelling as her character, Fairy Queen Flutterby™. As the Fairy, Robin receives hugs from Special Needs children who NEVER even hug their parents, and in turn teaches those parents how to get their own precious hugs. She has created a charity, developed an adult Special Needs dating service, resource network, and is an interpreter for her peers.

Robin is presently launching her third book and her 501c3 non profit, Autism Spectrum Disorder Supports (ASDS).



Robin Williams and Kira Carrillo Corser with Art [Posts](#) painted, facts, quotes, crisis on our Youth Discussions

A native Californian, Robin is currently working with [EverythingFallbrook.org](#) and just interviewed and created a [video](#) with Kira Carrillo Corser on the **Art we are creating for the Compassionate**

Youth Mental Health Series of Discussions!

COMPASSIONATE SAN DIEGO ARTIST ALLIES:

[Kira Carrillo Corser](#) is the Co-Founder of [Compassionate Arts in Action](#) with Felecia (Fe Love) Lenée.

Kira is on the Leadership Team for [Compassionate California](#) and has been helping form the Compassionate San Diego Initiative. She has a 30-year history of leadership in the arts — building communities, peace, social justice and environmental projects.



She has won over 30 awards, and been in major museums and universities. Her work was seen on broadcasts with President Clinton and with President Carter. She

has been instrumental in designing installations of art at the *International Human Rights Defenders Conferences* at the Carter Center, *The Center for Civil and Human Rights*, the *California Center for the Arts*, *Oceanside Museum of Art* and more.

She worked as Staff Photographer at KPBS TV and Radio Stations for 10 years, taught at CSU Monterey Bay for 8 years, and co-authored 4 books and 4 nationally traveled exhibitions.

[Kira Carrillo Corser](#) and Felecia (Fe Love) Lenée are the Co-Founders of [Compassionate Arts in Action](#)



We welcome Art submissions!

Email to: KiraCorser@gmail.com

Dr. Hong Dang Bui, MD (Rose) is the Lead for Compassionate San Diego and came to the United States in 1975 escaping the war plagued Vietnam.



She has led a fulfilling medical and spiritual journey, together with her 52-year marriage to husband, Hum Dac MD. She is a retired professor in pediatric

infectious diseases from Loma Linda University and has been the medical director for a Free Clinic from 2013 to 2019 in Redlands, CA.

Spiritually, she devotes her life to interfaith works, in meditative sessions, in CaoDai teachings and writings and in the work for Compassionate cities. She participated in interfaith meetings in Italy, Japan, in the Parliament of World's Religions in South Africa, Spain, Canada and the United States; in

World's Alliance of Religions for Peace
in Seoul, South-Korea.

After the unexpected passing of Hum in late 2019, she moved to San Diego. She devotes her time in finishing the book **"CaoDai, a Realizable Path to Light,"** that Hum spent his last years to pen, in which they described their spiritual journey and gave a comprehensive account of CaoDai. CaoDai teaches that all religions spring from One same Divine Source and that we all receive a spark of the Divine Spirit.

She also continues her passion in Interfaith with Poway Interfaith Team, while building Compassionate San Diego, a county and communities initiative.

YOUTH DISCUSSIONS ARE Hosted by
[Compassionate San Diego](#),
Collaborating with [Compassionate Arts in Action](#)
and [Posts For Peace and Justice](#)

We are putting together a
[Mental Health Art Gallery](#)

And a *Compassionate San Diego*
Resources Page with links to videos
for relaxation, stress reduction, and
health focused tools and classes.

Volunteers and
Suggestions are welcome.
Please email: hongbui24568@gmail.com



Artwork©2020 by London
Ross, (13) Lead Artist on
the [Coping with Anxiety &
Worries Post for Peace and
Justice, a Visual
Conversation](#)



and a

Special thanks to: **Dr. Jody Saltzman**
a licensed clinical psychologist, for Kaiser
Permanente, who specializes in the evaluation
and treatment of individuals with Autism
Spectrum disorder. She helped us plan this
panel and was on the Preparation Practice
Discussion in October 2020.

**SPECIAL THANKS TO OUR OTHER
PARTNERS FOR HELPING GROW
THIS COMPASSIONATE EFFORT TO
HELP THE YOUTH!**

Emily Schell, CSD Team Member, California
Global Education Project, The Jacobs Institute
for Innovation in Education

Rev. Dr. Abigail, POINT Interfaith, **Patricia
Friser** San Diego Arts Network,
Compassionate California, **Rev. Dale Suggs**
BELOVED San Diego, **The Charter for
Compassion** are all partners or participating!

If you want to join us or know ways to support our
work, we would love to hear! We are looking at
ways to support **Jordan Bui** and **Madison Ross**
in the future as they take on the leadership of the
CSD Youth Ambassadors Council!